

# MIME

## Sample Exercises

### Mirroring

Have students work with a partner. Face each other and follow the leader's movements as closely as possible; try to make the audience uncertain of who the leader is.

### Sculptured Figures

(Two people) One is the "sculptor; the other is the clay which is being molded into a figure expressing a feeling. Audience guesses what is sculpted and the feeling conveyed on the sculpture's face.

### Emotions



**Performance:** In these short, unrehearsed pantomime sketches, actors convey a specific emotional state. Although emotions can be communicated abstractly, actors fare better if they imagine and pantomime a situation in which a particular emotion might be dominant.

**Example:** Instead of thinking about "sad" in a general way, actors imagine situations where sadness occurs — saying goodbye to friends, receiving a letter with some bad news, attending a funeral. The group can prepare for the activity by doing a group "idea sheet" orally. In what different situations might a person show anger or excitement or loneliness?

**\*Advance preparation:** Put the emotions on cards.

#### **Suggested emotions:**

- cheerful
- energetic
- stubborn
- bossy
- impatient
- amused
- angry
- annoyed
- terrified
- lonely
- excited
- bored
- suspicious
- arrogant
- mischievous
- triumphant
- sly
- hesitant
- disgusted
- cold (or warm)
- indecisive
- exhausted
- tense
- friendly
- sulky
- sad

