

Lemonade

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Subject areas: Warm Up

Designed for grade levels: 1st – 12th

Space required: Open space

Equipment needed: none

Objective:

A simple warm-up that highlights non-verbal communication and quick thinking.

Lesson Progression and Procedures:

Divide the class into two equal teams. Each team stands on parallel goals twenty or more feet apart. Team 1 chooses a trade or occupation to be acted out and then walks toward the Team 2 while they say the following dialogue.

Team 1: Here we come.

Team 2: Where from?

Team 1: New York.

Team 2: What's your trade?

Team 1: Lemonade.

Team 2: Give me some.

Players from Team 1 should be standing a few feet from Team 2 and act out their chosen trade or occupation each in his or her own way. Team 2 tries to identify what is being acted out. When one player from Team 2 identifies the trade correctly, the first team runs for its home base or goal, while Team 2 tries to tag them. Anyone who is tagged join the tagger's side. Team 2 now chooses a trade and the game is repeated as before. Both teams should have the same number of turns and the one having the largest number of players at the end wins.

Variation 1:

If space is limited, instead of running to a goal, the first team squats when the trade is guessed.

Variation 2:

Instead of acting out trades, have the students choose animals, flowers, objects, or characters from a book they class is reading.