

Inventory of Skills

Name: _____

Mark the first box for *I can do it*.
Mark the second box for *I am pretty good at it*.
Mark the third box for *I am very good at it*.

Voice

Whistling or Humming

- ☐ ☐ ☐ Can you whistle tunes? ☐ ☐ ☐ make loud whistles
(with or without fingers)?

Imitations

- ☐ ☐ ☐ Can you imitate the way other people talk (voices of famous people or people you know)?

Sound Effects

- ☐ ☐ ☐ Can you make sound effects with your voice?

Speaking

- ☐ ☐ ☐ Are you good at reading out loud? ☐ ☐ ☐ Are you good at telling stories?
☐ ☐ ☐ Are you good at telling jokes? ☐ ☐ ☐ Are you good at reciting poems?
☐ ☐ ☐ Are you good at reciting poems?
☐ ☐ ☐ Are you good at memorizing words to songs, jokes, poems, or a part in a play?

Do you know more than one language? Which language(s)?

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____

Physical Coordination

Can you do a

- ☐ ☐ ☐ somersault? ☐ ☐ ☐ cartwheel? ☐ ☐ ☐ headstand?
☐ ☐ ☐ handstand? ☐ ☐ ☐ backward handstand? ☐ ☐ ☐ dive roll?

Can you perform any other tumbling or acrobatic feat(s)? Please list them.

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____

Are you good on wheels?

- ☐ ☐ ☐ skateboard ☐ ☐ ☐ inline skates ☐ ☐ ☐ scooter
☐ ☐ ☐ roller skates ☐ ☐ ☐ bicycle ☐ ☐ ☐ unicycle

Do you dance? What kind of dancing do you prefer?

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____

Are there any other special physical skills you can do?

- ☐ ☐ ☐ rope skipping/jumping ☐ ☐ ☐ catching (a ball or object)
☐ ☐ ☐ juggling ☐ ☐ ☐ throwing (a ball or object)
☐ ☐ ☐ still walking ☐ ☐ ☐ other _____
☐ ☐ ☐ baton twirling

Imitations

- ☐ ☐ ☐ Can you imitate the way other people (famous people or people you know) walk?

Music

Do you sing? What kind of songs are you good at singing?

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____

Do you play any musical instruments? What kind?

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____
☐ ☐ ☐ Are you good at making rhythm with your hands (clapping or drumming on things)?

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Do you

- ☐ ☐ ☐ draw? ☐ ☐ ☐ make things from wood or metal?
☐ ☐ ☐ make things with clay? ☐ ☐ ☐ Are you good at lettering (making signs)?
☐ ☐ ☐ paint? ☐ ☐ ☐ pain?

Art/Design

Is there some other kind of art or design you do? Please explain.

- ☐ ☐ ☐ _____

Family and Cultural Traditions

Are there things you can do that you have learned from your family? Please explain.

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____

Other Skills or Talents

Are there other things you are good at that you would like to mention? (It can be anything at all!)

- ☐ ☐ ☐ _____
☐ ☐ ☐ _____